



LEVEL 3

LESSON 1

Swing-Out, Boomerang*, Swing-Out
Inside Turn to Swing-Out*

Inside Turn to Circle*

SO from Closed into Inside Turn*

SO, Inside Turn to Inside Turn*

LESSON 2

Swing-Out with Outside Free Turn*

Swing-Out, Texas Tommy*

Swing-Out, Lindy Barrel Turn (8-ct)*

LESSON 3A

F2B, Hand Passes, Pancake Passes

Butterfly with Triples* x2

Swing-Out, Lindy Circle (8-ct)

LESSON 3B

Triple Swing Closed x2, Send-Out

Side Pass* x2, SO, Texas Tommy

Side Pass from Cross-Hand* x2

Lindy Circle (8-ct)

REPEAT



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LESSON 4

Triple Swing in Closed x3
Send Out (6-ct), Swing Out
Lindy Barrel Turn (6-ct)*
Sugar Push* x3
Lindy Hand Passes OR 8-ct Circle

LESSON 5

SBS Charleston
Charleston Broken Record Move*
Skip-Up*, Jig Kicks*, Lolly Kicks*

LESSON 6A

SBS Char, Kick Aways, Pancakes
Char Butterfly* x2 (leader footwork switch)
Swing-Out, Lindy Circle (8-ct)

LESSON 6B

Charleston Side Pass* x2
Swing-Out, Texas Tommy
Char Side Pass from x-hand* x2
Mini Dip*



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LESSON 7

4-count Turn to Tandem*

Tandem Charleston* x2, Yo-Yo*

Tandem, Overhead Turn to Pancake*

LESSON 10A

Drunken Charleston sequence*

Charleston Tuck Turn (6-ct)*

4-ct Turn to Tandem, Tandem Basic

Tandem Kick Aways*, Tandem Basic

Tandem 180* x2 (traveling)

He-Goes Tandem*, Tandem Basic

She-Goes Tandem*, Tandem Basic

Tandem Overhead Turn to Pancake

Transition to SBS Charleston

LESSON 10B

Charleston Underarm Pass (8-ct) x2

4-ct Turn to Tandem, Tandem Basic

Tandem Kick Aways*, Tandem Basic

Yo-Yo, Basic, Turn to Pancakes

Get to SBS, Charl Tuck Turn (8-ct)*



LEVEL 3

LESSON 8 *Solo Movement*

1. Front-to-Back Solo
2. Charleston
3. Yo-Yo (He-Goes/She-Goes)
4. Charleston 180 and 360 Basics
5. Charleston Kick Aways Turning
6. Lindy Hop Hand Passes
7. Round Rock Step into Tuck Turn
8. Lolly Kicks/Skip Up

LESSON 9 *Phrasing*

--Phrase 1--

Lindy Hop x3-8's,

Freeze or Mess Around 4th-8

--Phrase 2--

Lindy Hop x2-8's

Lindy Circle

Freeze or Mess Around 4th-8

--Phrase 3--

Walk in Side-by-Side x3-8's

Freeze or Mess Around

--Phrase 4--

Lindy Hop x3-8's

Freeze or Mess Around 4th-8



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LESSON 11A

Charleston Promenade* x2

Boing-Boing Turn*

Tandem Basic x2

Tandem 180 Turn* (to Open)

Charleston Underarm Pass x2 (8-ct)

Charleston Circle* (8-ct)

LESSON 11B

SBS Charleston

S-Turn*

Tandem Basic

Yo-Yo

Tandem 180 x2 (traveling)

Tandem 360 Turn*

Tandem Basic

Overhead Turn to Pancakes

Transition to SBS Charleston



LEVEL 3

TEST PATTERN 1:

Swing-Out

Texas Tommy

Lindy Side-Pass (*not* x-hand)

Swing-Out

SO into Outside Free Turn

8-ct Lindy Circle

Front-to-Back

Swing-Out from Closed

Freeze for 2 beats

TEST PATTERN 2:

Inside Turn into Swing-Out

8-ct Cuddle

Boomerang

Swing-Out

8-ct Underarm Pass

8-ct Lindy Circle

Swing-Out Closed with Inside Turn

Swing-Out



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TEST PATTERN 3:

Texas Tommy

Lindy Side Pass from Cross-Hand x2

Butterfly Side Pass with Triples

Swing-Out

Lindy Barrel Turn (8-ct)

Sugar Push x2

Swing-Out

Inside Turn into Circle

Jig Kicks

Charleston Tuck Turn (6-ct)

Mess Around until next phrase

TEST PATTERN 4:

Charleston (SBS)

Drunken Charleston

Charleston (SBS)

Skip Up

Charleston (SBS)

Broken Record Charleston

Charleston (SBS)

Charleston Promenade x2



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TEST PATTERN 5:

Charleston SBS

Boing-Boing Turn

Tandem Basic, Yo-Yo, Tandem

He-Goes/She-Goes Tandem

Tandem 180 Turn (to Open)

Charleston Side Pass x2

Charleston Circle (8-ct)

TEST PATTERN 6:

Swing-Out

4-count Turn to Tandem

Tandem Basic, Tandem Kick Aways

Tandem Basic

Tandem 180 Turn (to Open)

Charleston Underarm Pass (8-ct) x2

Charleston Circle (8-ct)

S-Turn, Tandem Basic

Tandem 180 x2 (traveling)

Tandem Basic

Tandem 360 Turn

Tandem Basic

Tandem 180 Turn (to Open)